

Home Safety Checklist for Fall Prevention

- These fall safety tips can help your loved ones remain safe at home for as long as possible. Some fall prevention improvements can be made easily. Others may require the help of a professional.
- Clear hallways and stairways of clutter. Make sure that there is a wide, clear pathway from the bed to the bathroom.
- Remove all extension cords or wires that may obstruct pathways.
- Remove scatter rugs or secure them to the existing floor.
- Remove thick carpeting if a walker or wheelchair is being utilized.
- Remove debris and obstacles from outdoor walkways. Install hand rails on steps or uneven paths.
- Widen doorways and build ramps if someone in the home is using a wheelchair.
- Make sure that daily housekeeping chores, such as cleaning up spills or removing clutter can be maintained.

Read all the Home Safety Checklists: Fall Prevention, Lighting, Bathrooms, Kitchen, Telephones, Building, Medications, Fire Protection, and Weather.